

PRESENTATION SUMMARY & POWERPOINT

Non-reproductive Effects of Spaying and Neutering on Behavior in Dogs

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Although there are scattered reports in the literature of apparently adverse effects of spaying and neutering on canine behavior, there are very few quantitative studies and most of these have employed behavioral measures of unknown reliability and validity.

The present study used the Canine Behavioral Assessment and Research Questionnaire (C-BARQ)[®] to investigate the impact of spaying/neutering in various dog populations, including (1) a random sample of 1,552 dogs belonging to 11 common breeds and (2) a convenience sample of over 6,000 dogs of various breeds recruited via an online survey. The C-BARQ is a reliable, standardized method for evaluating and screening dogs for the presence and severity of behavioral problems. It was developed by behavioral researchers at the University of Pennsylvania (Hsu and Serpell, 2003) and consists of a 101-item questionnaire that is simple to use, takes about 15 minutes to fill out, and can be completed by anyone who is reasonably familiar with the dog's typical responses to ordinary, day-to-day events and stimuli. The C-BARQ is currently the only existing behavioral assessment instrument of its kind to be thoroughly tested for reliability and validity on large samples of dogs of various breeds. This process has resulted in the identification of the following 13 distinct behavioral factors or traits that are common to the majority of dogs, regardless of breed, age, sex or neuter status:

1. **Stranger-directed aggression:** Dog shows threatening or aggressive responses to strangers approaching or invading the dog's or the owner's personal space, territory, or home range.
2. **Owner-directed aggression:** Dog shows threatening or aggressive responses to the owner or other members of the household when challenged, manhandled, stared at, stepped over, or when approached while in possession of food or objects.
3. **Dog-directed fear/aggression:** Dog shows fearful and/or aggressive responses when approached directly by unfamiliar dogs.
4. **Familiar dog aggression:** Threatening or aggressive responses during competition for resources with other (familiar) dog(s) in the household.
5. **Stranger-directed fear:** Fearful or wary responses when approached directly by strangers.

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6. **Nonsocial fear:** Fearful or wary responses to sudden or loud noises, traffic, and unfamiliar objects and situations.
7. **Separation-related behavior:** Vocalizes and/or engages in destructive behavior when separated from the owner, often accompanied or preceded by behavioral and autonomic signs of anxiety, including restlessness, loss of appetite, trembling, and excessive salivation.
8. **Attachment and attention-seeking:** Maintains close proximity to the owner or other members of the household, solicits affection or attention, and becomes agitated when the owner gives attention to third parties.
9. **Trainability:** Shows willingness to attend to the owner, obeys simple commands, fetches objects, responds positively to correction, and ignores distracting stimuli.
10. **Chasing:** Pursues cats, birds, and other small animals, given the opportunity.
11. **Excitability:** Strong reaction to potentially exciting or arousing events, such as going for walks or car trips, doorbells, arrival of visitors, and the owner arriving home; difficulty settling down after such events.
12. **Touch sensitivity:** Fearful or wary responses to potentially painful procedures, including bathing, grooming, claw-clipping, and veterinary examinations.
13. **Energy level:** Highly energetic, boisterous, and/or playful behavior.

The results of the study suggest that spayed female dogs tend to be more aggressive toward their owners and to strangers than intact females, but that these effects of spaying on behavior appear to be highly breed-specific. Contrary to popular belief, the study found little evidence that castration was an effective treatment for aggressive behavior in male dogs, and may exacerbate other behavioral problems. Further research will be needed to clarify the relationship between age of spaying/neutering and these apparent effects on behavior.

Reference

Hsu, Y., and Serpell, J.A. 2003. "Development and validation of a questionnaire for measuring behavior and temperament traits in pet dogs." *J. Amer. Vet. Med. Assoc.*, 223: 1293-1300.

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BEHAVIORAL EFFECTS OF SPAYING/NEUTERING IN DOMESTIC DOGS

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OFTEN CITED BEHAVIORAL REASONS TO SPAY/NEUTER A PET:

(from websites of veterinary clinics, humane societies, trainers & animal shelters)

“Spaying and neutering makes
pets better, more affectionate
companions.”

“Female dogs, like males, have
an increased risk of aggression if
left intact.”

“It is true that unneutered dogs are often more aggressive and
territorial (urine marking, fighting), but these traits should not be
confused with loyalty and protection of their home and family.”

“The only behavior changes that
are observed after neutering
relate to behaviors influenced by
male hormones.”

“..any (behavioral) change would be for the better.
Altered pets are less aggressive toward other dogs and
cats, are less likely to urine mark and wander, and
generally have better personalities.”

“Unsterilized animals often exhibit
more behavior and temperament
problems than do those who have
been spayed or neutered.”

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QUESTIONS:

- ❖ What effects does spaying/neutering have on non-reproductive behaviors?
- ❖ Sex differences?
- ❖ Breed differences?



Canine Behavioral Assessment & Research Questionnaire (C-BARQ)

<http://www.vet.upenn.edu/cbarq/>

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101 Questions:

❃ 5-point scale

❃ mixture of severity scales and frequency scales

The image shows two pages of the C-BARQ questionnaire. The left page is titled 'SECTION 2: Aggression' and contains instructions for rating aggression levels on a 5-point scale. It includes two questions (9 and 10) with three columns for 'No aggression', 'Moderate aggression', and 'Serious aggression'. The right page is titled 'Canine Behavioral Assessment & Research Questionnaire (C-BARQ)' and contains 'SECTION 1: Training and obedience'. It includes instructions for rating training and obedience on a 5-point scale (Never, Seldom, Sometimes, Usually, Always) and lists eight questions (1-8) related to training and obedience.

The C-BARQ Factors or Traits

Stranger-directed aggression (10 items)

Trainability (8 items)

Owner-directed aggression (8 items)

Chasing (4 items)

Dog-directed fear/aggression (8 items)

Excitability (6 items)

Dog rivalry (4 items)

Touch sensitivity (4 items)

Stranger-directed fear (4 items)

Energy (2 items)

Nonsocial fear (6 items)

Separation-related behavior (8 items)

Attachment/attention-seeking (6 items)

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Miscellaneous C-BARQ Items

Item 78: Escaping/roaming	Item 89: Separation urination
Item 79: Rolling in scent	Item 90: Separation defecation
Item 80: Coprophagia (eating feces)	Item 91: Hyperactivity
Item 81: Chewing objects	Item 94: Staring (obsessive)
Item 82: Mounting	Item 95: Snapping at flies (obsessive)
Item 83: Food begging	Item 96: Tail-chasing
Item 84: Food stealing	Item 97: Shadow/light-chasing
Item 85: Fear of stairs	Item 98: Barking
Item 86: Pulling on leash	Item 99: Autogrooming (self)
Item 87: Marking with urine	Item 100: Allogrooming (others)
Item 88: Submissive/emotional urination	Item 101: Other abnormal/stereotypic

Random Sample Survey

Respondents:

- ❖ 1,552 dog owners (breed club members)

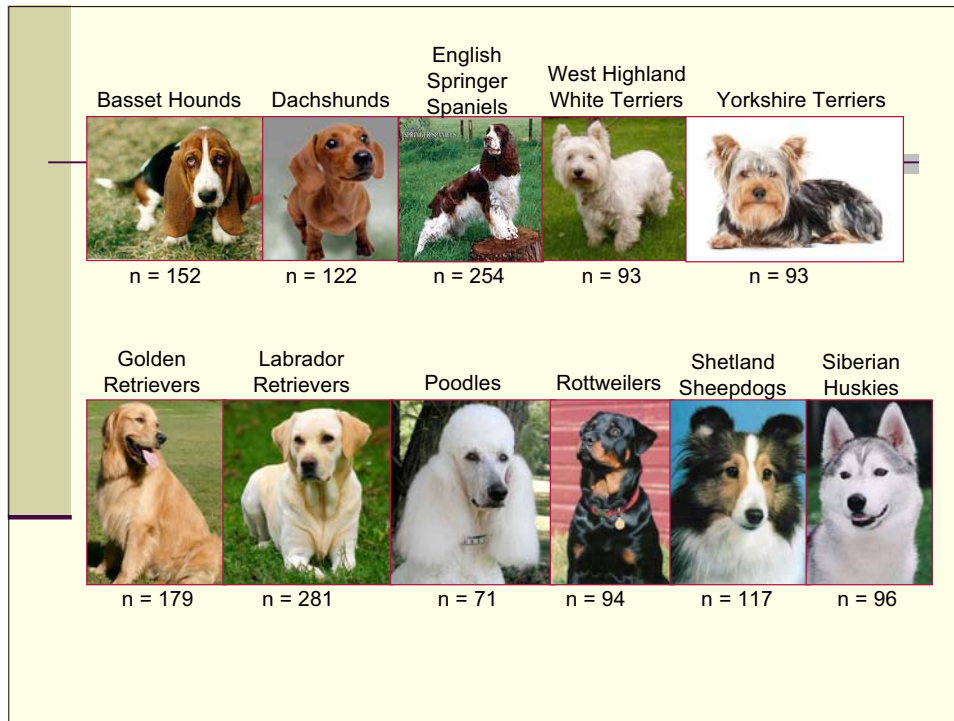
Dogs

- ❖ Age: ≥ 1 year old (mean 6 years, Std.dev. 3.2 yrs)
- ❖ Sex: Male:Female ratio = 1:1
- ❖ 40% Spayed/Neutered

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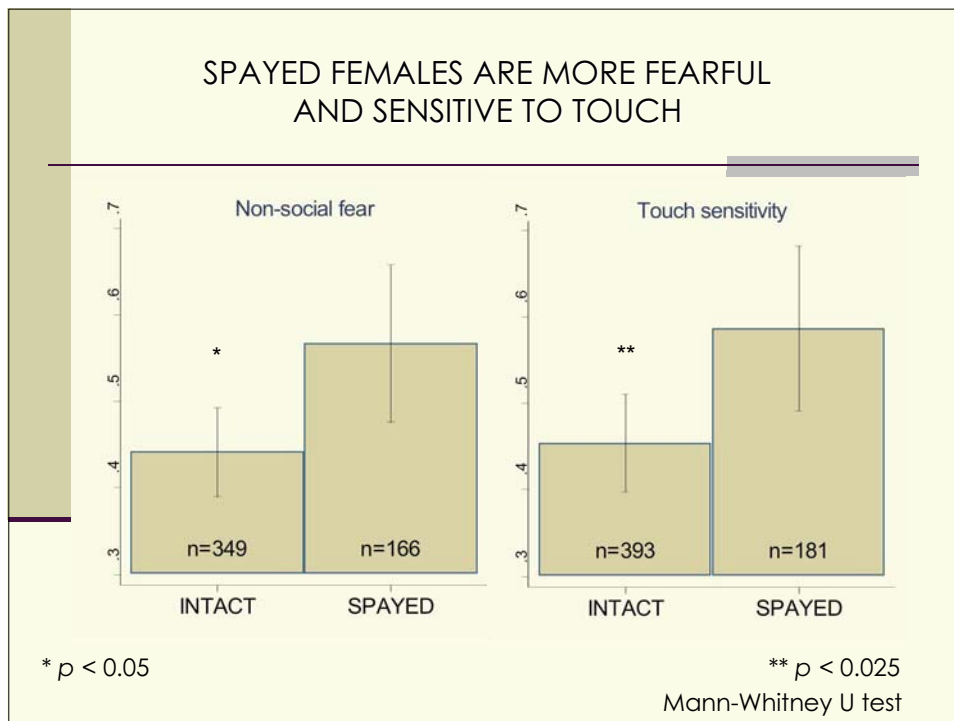
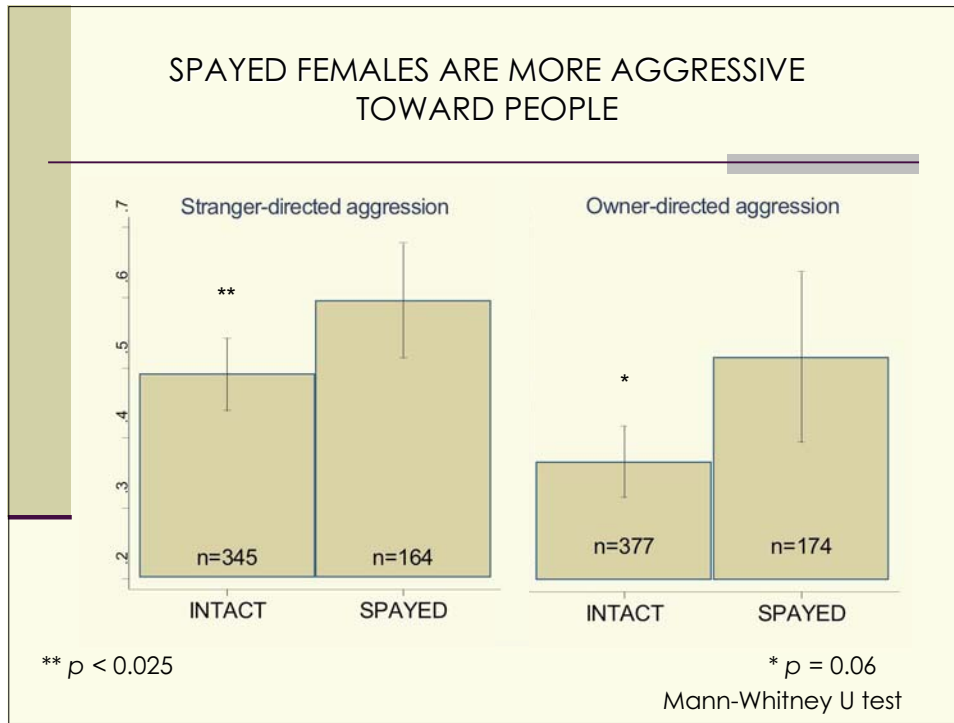
Reasons for Spaying/Neutering:

Reason	Percent
Birth Control	41.8
Required by Shelter/Breeder	2.2
Control/Prevent Behavior Problems	18.1
Control/Prevent Health Problems	31.4
Recommended by Veterinarian	.5
Other	6.0

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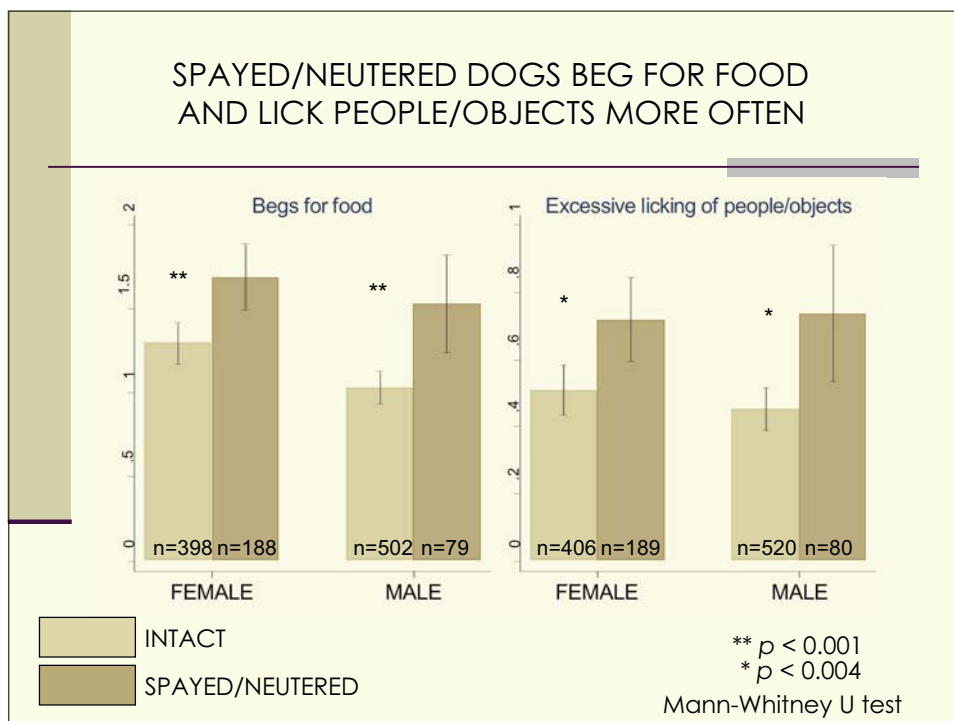
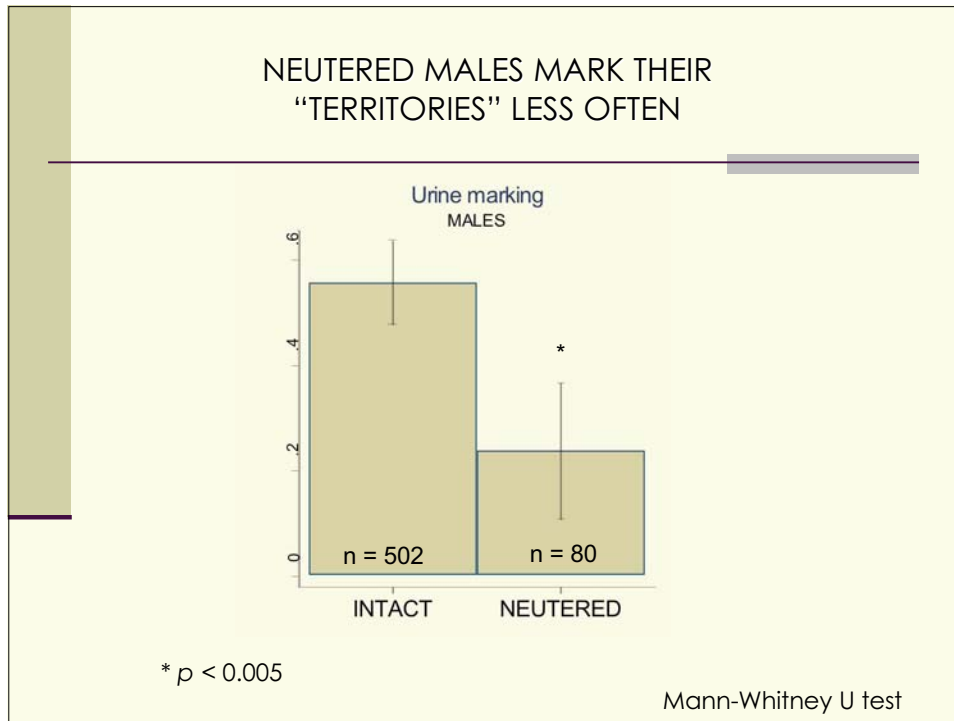
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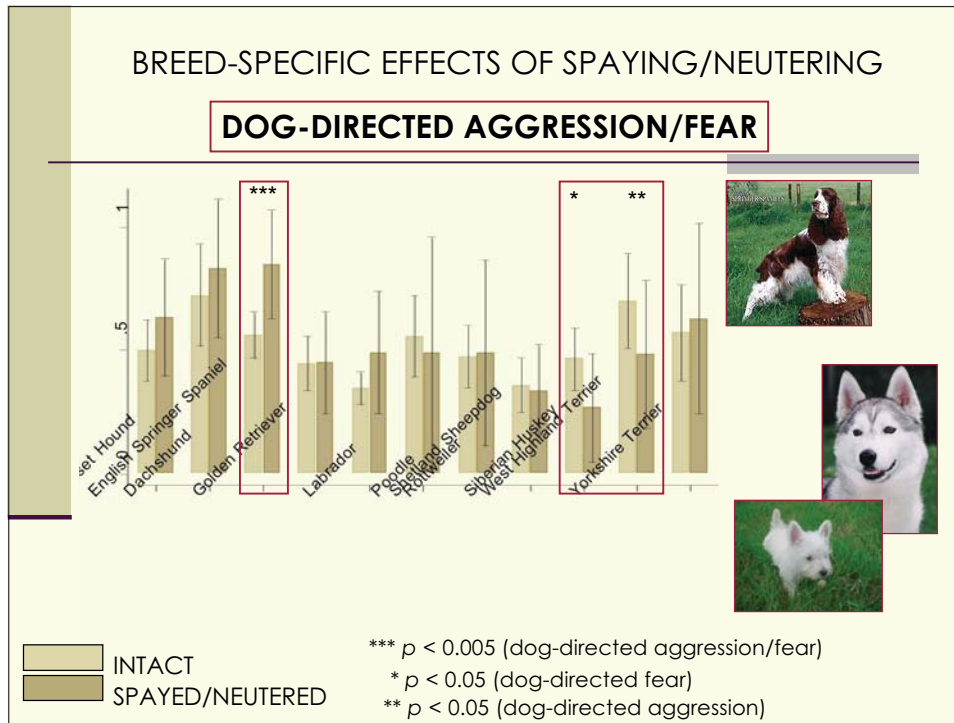
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Convenience Sample Survey

Respondents:

- ❖ 3,593 dog owners (open-access to C-BARQ website)
- ❖ Only 1 dog per owner

Dogs:

- ❖ Age: 6 months – 23 years (mean 4.8 years, Std.dev. 3.2 yrs)
- ❖ Sex: Male:Female ratio = 1:1
- ❖ 76% Spayed/Neutered
- ❖ 17 breeds (plus mixed breeds) with sample size of ≥ 50 dogs each

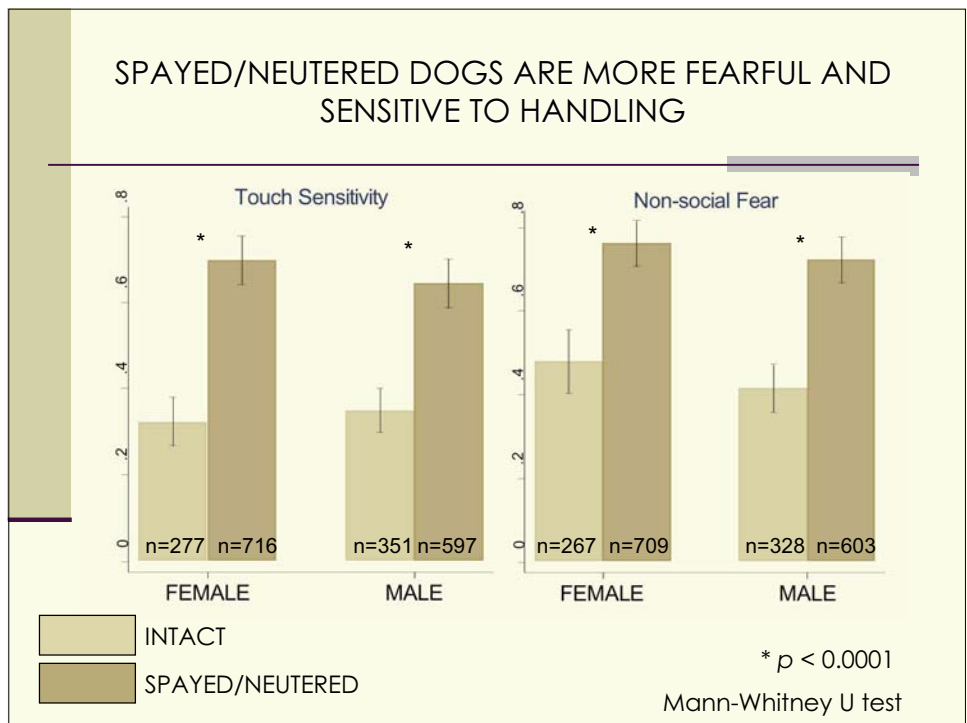
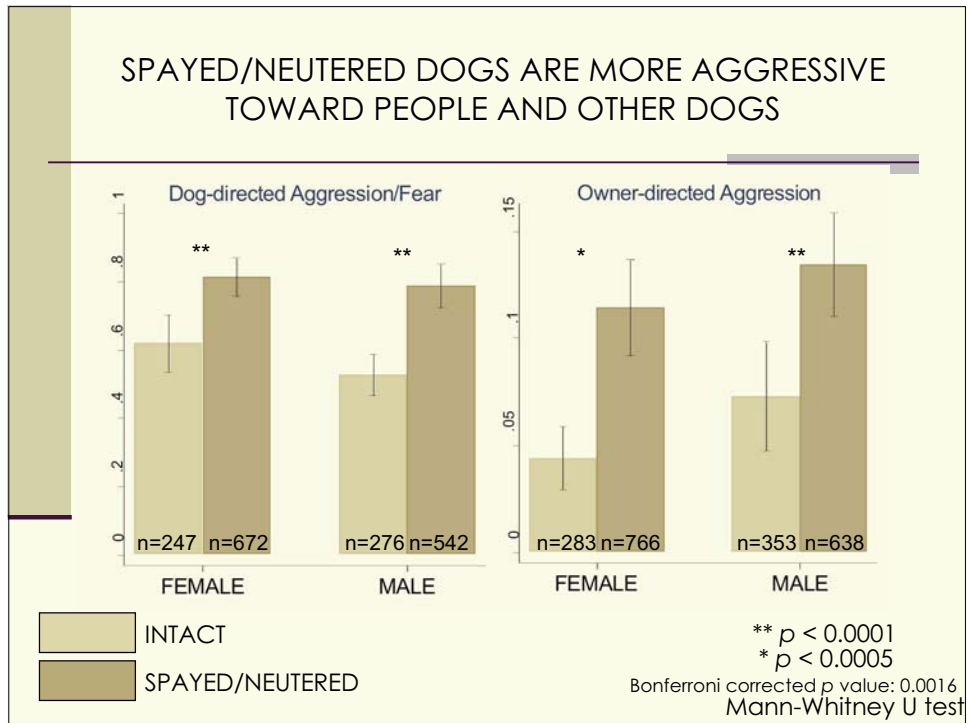
Reasons for spaying/neutering:

- ❖ Birth control (40%)
- ❖ Required by breeder/shelter (30%)

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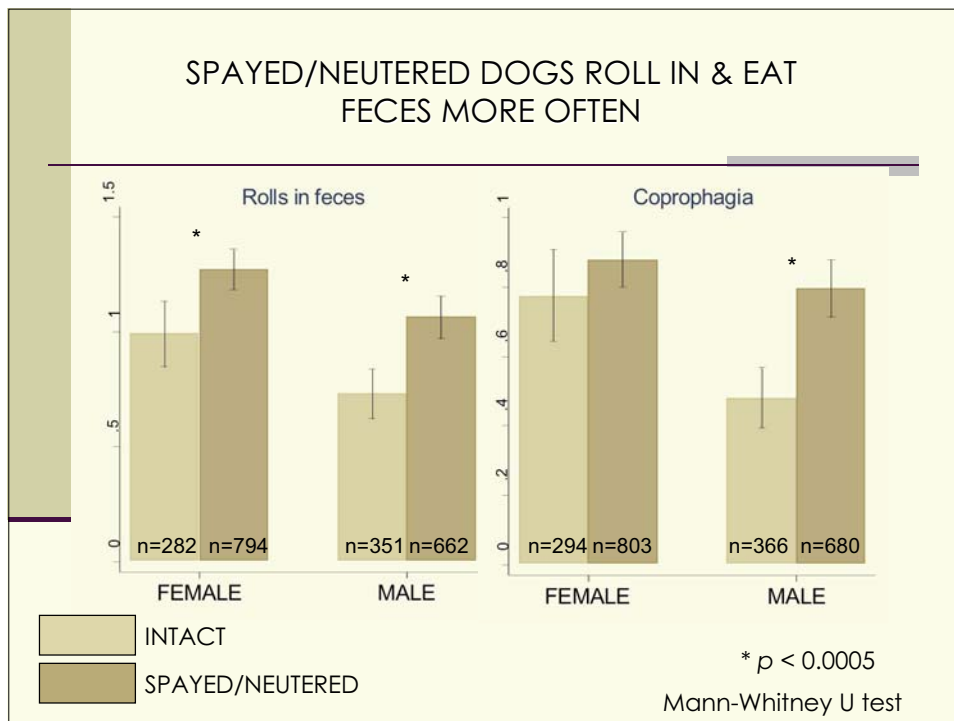
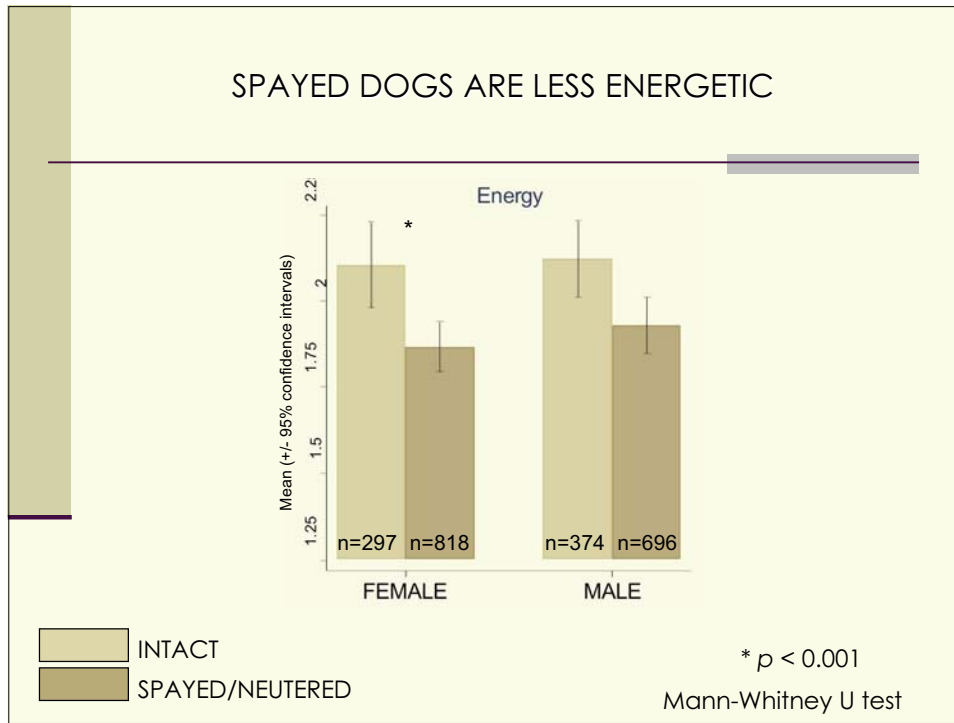
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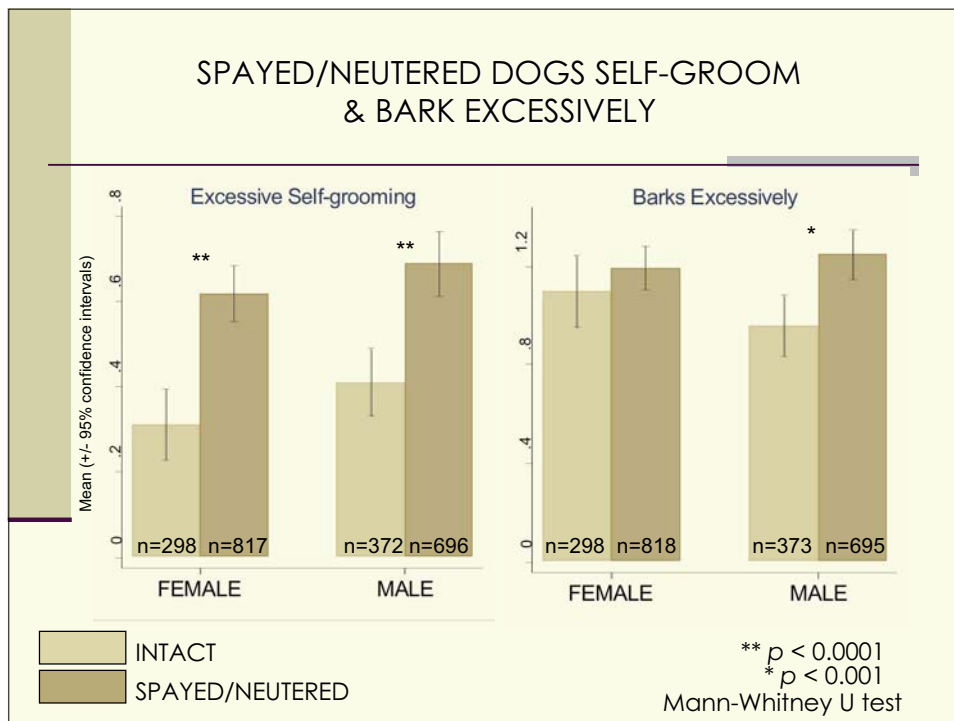
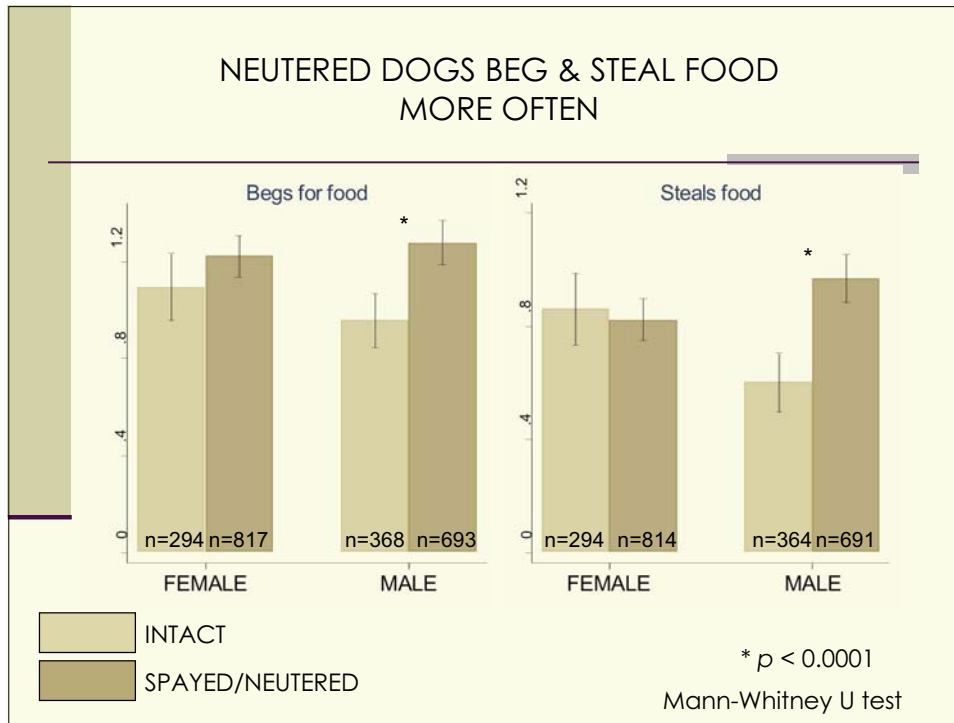
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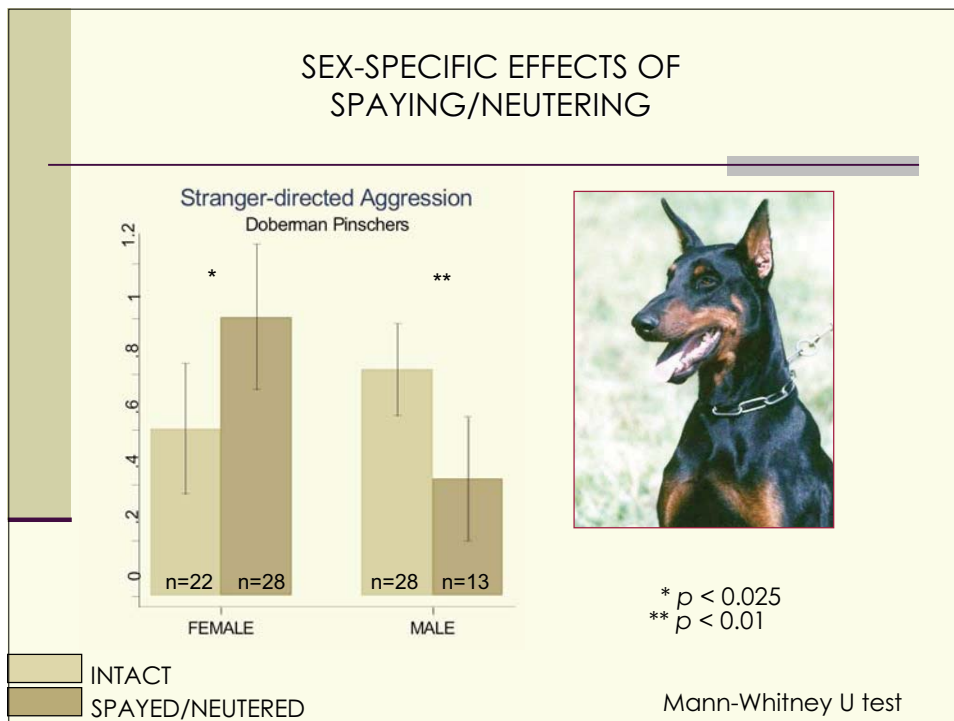
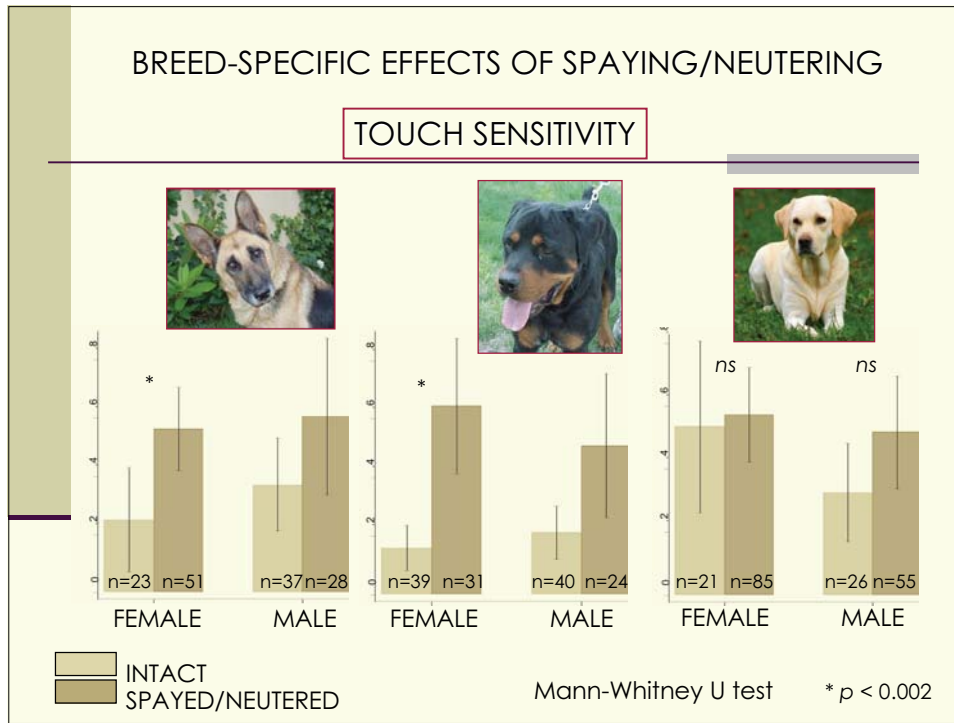
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SUMMARY

- ❖ For most behaviors, spaying/neutering was associated with worse behavior, contrary to conventional wisdom.
- ❖ A few behaviors (e.g., energy level, urine marking) were reduced in spayed/neutered dogs.
- ❖ The effects of spaying/neutering are often specific to certain breeds and are not always equivalent between sexes.

CONCLUSIONS

- ❖ Significant differences in scores do not necessarily indicate severe behavioral problems.
- ❖ Neutering male dogs does not render them useless for protection or guarding.
- ❖ We need to investigate mechanisms for behavioral effects of spaying and develop alternatives.
- ❖ Dog owners need to receive accurate information to help them form realistic expectations.

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- ✿ Various breed clubs.
- ✿ All participants.

